



## **CincyNature Camp**

### **Overnight Camp Packing Checklist**

- Lunch for the first day of overnight camp, nonperishable
- T-shirts
- Shorts
- Underwear
- Socks
- Pajamas
- Pants
- Warm jacket or sweatshirt
- Close-toed shoes
- Water shoes
- Toiletries - Toothbrush, toothpaste, deodorant, washcloth, feminine hygiene products, etc.
- Beach towel
- Sleeping bag
- Pillow
- Sleeping pad (optional)
- Small, personal fan (optional)
- Headlamp/Flashlight
- Extra batteries
- Book, journal, or other quiet bedtime activity (old books are better than library rentals)
- Water bottle
- Backpack
- Raincoat or poncho
- Laundry bag
- Sunscreen
- Bug spray
- Medications (in a Ziplock bag labeled with child's name and what medications are in it)

*Cellphones are not permitted*